

## Transforming Lives Since 1981

An estimated 1 in 6 people are born with intellectual and/or developmental disabilities. Just like all of us, they are born with hopes, dreams and the drive to contribute to society. Toward Maximum Independence (TMI) is a nonprofit organization that is dedicated to transforming the lives of children and adults with intellectual and developmental disabilities, the Deaf and Hard of Hearing and veterans with disabilities. The individuals we are privileged to serve deserve nothing less than love, acceptance and the opportunity to reach their full potential in life.

It is our mission to provide personalized services to those who require support, enabling them to make informed choices regarding how they live, work and function productively and independently in the community.

## What We Believe

The three cornerstones of a strong foundation are: living as independently as possible, having the opportunity for real work for real pay, and a safe, caring home. We are honored to be able to help lay that foundation for our clients throughout San Diego, Riverside and Imperial Counties.



*Toward Maximum Independence, Inc.  
is a 501(c)3 nonprofit public benefit corporation.*

### Office Locations

San Diego (Corporate)

Corona

El Centro

Escondido

Temecula

### Call Us

(800) 877-5452

### Email Us

[info@tmi-inc.org](mailto:info@tmi-inc.org)

### Office Hours

M-F 8:30 am-4:30 pm

### Website

[TMI-INC.ORG](http://TMI-INC.ORG)



### Connect With Us



TOWARD MAXIMUM  
INDEPENDENCE  
TRANSFORMING LIVES

# Disability Doesn't Mean Inability



## OUR PROGRAMS

### A Place to Call Home

**Independent Living** provides up to 80 hours/month of one-on-one support to adults with intellectual and developmental disabilities (IDD) living in their own home. Services are focused on skills development. **Supported Living** assists adults with IDD to live independently or with paid support. We provide personalized one-on-one support designed to meet the individual needs of our clients.

### Community Matters

Our clients enjoy the rewards of being contributing members in society and have the satisfaction and pride that comes with having a job and/or volunteering. With assistance from our **Community Integration Training Program** and **Supported Employment** programs individuals may secure and maintain gainful employment in the community, if desired, or a volunteer opportunity with TMI Job Coaching support.

### A Focus on Family

As a licensed **Resource Family Agency (License #370603102)**, TMI helps parents manage difficult decisions and obtain the relief and support they need.

**Resource Family Services** are available for youth with IDD who are unable to remain with their family of origin. Please contact us if you can provide a caring home for foster youth. **Family Focused Supports** are designed to keep families together.

## HOW WE CAN HELP

Money Management · Meal Planning & Preparation · Shopping & Accessing Community Resources · Safety, Health & Household Management · Parenting Education · Vocational Assessment & Personalized Employment Opportunities · Employment Preparation & Placement Services · Access to an Expansive & Diverse Employer Base · Advocates for Competitive Wages & Salaries · Self Advocacy Assistance · Safe, Licensed & Caring Homes for Youth With Intellectual and Developmental Disabilities

## ACTIVITIES

TMI's CONNECT program gives our clients the opportunity to SOCIALIZE, EDUCATE and ADVOCATE. With CONNECT our clients are spreading their wings by doing activities they may never have attempted before and having a voice where they may never thought possible.

In addition, TMI holds an annual picnic and holiday party for our clients. Each program also holds their own events throughout the year.



## ADDITIONAL SERVICES

### Assessment & Intervention Services (AIS)

Our AIS program is designed to provide person-centered services and supports to individuals within the context of family homes, group homes and independent living arrangements. AIS staff, with input from the Interdisciplinary Planning Team, will provide youth, families, support staff and/or caregivers the tools necessary to help manage, reduce, and/or extinguish targeted behaviors.

### Tailored Day Services (TDS)

Clients are encouraged to self-direct and participate in determining their program day. We are here to help our clients plan their day their way. With the anticipation of maximizing life satisfaction, this exciting program tailors our client's day based on their personal choices, hopes and dreams.

### Paid Internship Program (PIP)

Designed to encourage competitive integrated employment; work for which an individual is paid minimum wage or greater in a setting with others who do not have disabilities. The goal of this program is for future paid employment.

### Self Determination

We offer some of our services via the Self Determination model. Please contact us to learn more: [info@tmi-inc.org](mailto:info@tmi-inc.org)